



# WELCOME TO HARRIS-STOWE STATE UNIVERSITY

## Quick Facts:

Locations: Saint Louis, MO

Enrollment: 1,283

Founded: 1857

Nickname: Hornets

School Colors: Brown and Gold

National Affiliation: National Association of Intercollegiate Athletics (NAIA)

Conference: American Midwest Conference (AMC)

President: Dr. Dwaun Warmack

Director of Athletics: TBD

Sports Information Director: Claire Johnson

Faculty Athletics Representative: Carla Allen

Head Athletics Trainer: Tim Herlihy

Athletics Department Phone: (314) 340-5721

Athletics Department Fax: (314) 340-5762

Sports Information Phone: (314) 340-3570

Athletic Training Room Phone: (314) 340-5988



# Directions

## **From Lambert Airport**

Take the ramp to I-70 E/St Louis  
Take exit 238A for Interstate 170 S toward Clayton  
Take exit 1A on the left for Interstate 64 E/US 40 E St Louis  
Take exit 37A toward Market St  
Turn left onto S Compton Ave  
Turn right onto Laclede Ave

## **Heading east on I-64/US40**

Take exit 37A toward Market St  
Turn left onto S Compton Ave  
Turn right onto Laclede Ave

## **Heading east on I-44**

Take exit 288 toward Grand Blvd  
Turn left onto S Grand Blvd  
Turn right onto Chouteau Ave  
Turn left onto S Compton Ave  
Turn right onto Laclede Ave

## **Heading south on I-70/I-55 (from Illinois)**

Cross bridge into Missouri and continue on US40/I-64  
Take exit 38B for Market St toward 3000 W  
Turn left onto Market St  
Turn right onto S Compton Ave  
Turn right onto Laclede Ave

## **Heading north on I-55**

Take exit 207B on the left to merge onto I-44 W  
Take exit 289 to merge onto S Jefferson Ave  
Turn left onto Chouteau Ave  
Turn right onto S Compton Ave  
Turn right onto Laclede Ave

## **Heading west on I-64/US 40**

Take exit 38B for Market St toward 3000 W  
Turn left onto Market St  
Turn right onto S Compton Ave  
Turn right onto Laclede Ave



## Parking

Baseball- Parking located of Compton, behind the baseball field.

Basketball/Soccer/Volleyball- Parking located in the main lot off of Laclede Ave, in front of the Emerson Performance Center.

## Locker Rooms

Basketball/Soccer/Volleyball- Will have access to the locker rooms in the Emerson Performance Center. Locker Rooms will be locked.

Baseball/Softball- Locker rooms available upon request (48-hour notice). Towels will not be provided.



## Coaches

### Baseball

CJ Bilbrey  
bilbreyc@hssu.edu  
(314) 340-5980

### Men's Basketball

Brion Dunlap-Head Coach  
dunlapb@hssu.edu  
(314) 340-5906

Will Carey-Assistant Coach  
careyw@hssu.edu  
(314) 340-5984

### Women's Basketball

Chris Harris  
harrisc@hssu.edu  
(314) 340-5017

### Cheerleading

Rashandra Burnett  
burnettr@hssu.edu  
(314) 340-5013

### Track and Field

Fred Lewis  
lewisf@hssu.edu  
(314) 261-7586

### Men's Soccer

Stefan St. Louis  
stlouiss@hssu.edu  
(314) 261-7587

### Softball

Shontele Hollins  
allens@hssu.edu  
(314) 340-3572

### Women's Soccer

Scot Vorwold  
vorwolds@hssu.edu  
(314) 340-5016

### Volleyball

Brittany Stewart  
stewartb@hssu.edu  
(314) 340-5011



# Athletic Facilities

## **Emerson Performance Center**

The Emerson Performance Center (EPC) is home to the Harris-Stowe State University men's basketball, women's basketball and volleyball programs. Located on the north end of campus, the EPC houses the Board of Regents Gymnasium, a weight room, men's and women's locker rooms, athletic training facilities and athletic staff offices.

## **Hornets Soccer Field**

The Hornets Soccer Field is home to the Harris-Stowe State University men's and women's soccer teams. The field is located on the northwest corner of campus and just west of the Emerson Performance Center.

## **Stars Park**

The Hornets Baseball Field is home to the Harris-Stowe State University Men's Baseball Team. Part of the field actually once served as the Negro National League Stars' Park, and on May 2, 2007, the Bob Broeg Chapter of the Society for American Baseball Research formally dedicated the historic site. The field is located on the southwest corner of campus on the corner of Market Street and Compton Avenue.



## **Athletic Training**

The athletic training room will be open two hours prior to game time. The training room is located down the hall from the visitor's locker room in the Emerson Performance Center. There will be access to, ultrasound, electrical stimulation, hydro collator, taping tables, and an ice machine. There will be a water cooler, ice chest, ice bags, and cups/water bottles on each bench. Splints and crutches are located in the athletic training room and an AED is located just outside the door on the wall. The Trainer will be available for pre-game treatment. Please let me know ahead of time of what treatments and taping need to be done so I can properly prepare for them.

Tim Herlihy

Head Athletics Trainer

(314) 340-5988

herlihyt@hssu.edu



# Hotels

Residence Inn St. Louis Downtown

525 S Jefferson Ave, St Louis, MO 63103

(314) 289-7500

Pear Tree Inn

2211 Market St, St Louis, MO 63103

(314) 241-3200

Embassy Suites St. Louis - Downtown

610 N 7th St, St Louis, MO 63101

(314) 269-5900

Hampton Inn St- Louis-Downtown (At the Gateway Arch)

333 Washington Ave, St Louis, MO 63102

(314) 621-7900

Red Roof Inn St Louis - Forest Park/Hampton Avenue

5823 Wilson Ave, St Louis, MO 63110

(314) 645-0101

Comfort Inn-Central West End

4630 Lindell Blvd, St Louis, MO 63108

(314) 361-4900

La Quinta Inn & Suites St. Louis Westport

11805 Lackland Rd, St Louis, MO 63146

(314) 991-3262



## Restaurants

Syberg's On Market  
2211 Market St  
Saint Louis, MO 63103  
(314) 231-2430

Pappy's Smoke House  
3106 Olive St  
Saint Louis, MO 63103  
(314) 535-4340

Southern (Closed on Monday's and Tuesday's)  
3108 Olive St  
Saint Louis, MO 63103  
(314) 531-4668

Fountain On Locust  
3037 Locust St  
Saint Louis, MO 63103  
(314) 535-7800

Hooters  
100 N 7th St  
St. Louis, MO 63101  
(314) 588-0738

McDonald's  
4006 Lindell Blvd  
St Louis, MO 63108  
(314) 534-3276

Papa John's  
3822 Laclede Ave  
St Louis, MO 63108  
(314) 534-2729

Jimmy John's  
3822 Laclede Ave  
St Louis, MO 63108  
(314) 531-8500

Charlie Gitto's Downtown  
207 N 6th St.  
St. Louis  
(314) 436-2828

Subway  
4149 Lindell Blvd  
St Louis, MO 63108  
(314) 535-1555